

# Conversation Starter and Reflection Sheet

Fill in this worksheet with topics you'd like to talk about and why. After your talk, use the space below to reflect on the conversation and your feelings about it!

**Name:** ..... **Date:** .....

**I would like to talk about:** .....

**I would like to talk about this because:** .....

.....

**After talking, I feel:** .....

.....

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**If I had to express my mood in a picture, I would draw:**